

Hull Food Charter Update: Winter 2019/20

Hull Food Partnership’s Action Plan was written in April 2019 and clearly sets out the direction of the partnership for the next 3 years. The actions are matched against the objectives of the Hull Food Charter. This summary report highlights the important work happening in Hull in its role as a Sustainable Food City.

<p style="text-align: center;">A Better Food Culture</p> <ul style="list-style-type: none"> • Veg Cities Hull Campaign – This campaign has been in full swing since November 2018, aiming to increase the growing, cooking and eating of vegetables in the city. In Nov 2019 the campaign started its second year, building on what worked well in the first 12-months. The theme in Jan 2020 is healthy eating and will be a 5-part blog written by local professionals. 	<p style="text-align: center;">Increase Food Knowledge and Skills</p> <ul style="list-style-type: none"> • Rooted in Hull – An urban agriculture project with a mission to inspire local people to improve their diet and offer hands-on experience. • The Veg Patch – Outside the Wilson Centre is a vegetable patch which has been used to grow veg since 2014. • Food for life – 27 schools have signed up for the holistic food culture programme, which includes cooking, growing, farm visits as well as changes to dining culture. Newland St. John Primary School has been awarded the gold award and is supporting other schools with their awards.
<p style="text-align: center;">Promote Healthy Food</p> <ul style="list-style-type: none"> • Eat them to defeat them – As part of the national campaign by Veg Power, Hull had 62 billboards across the city encouraging kids to get excited about preparing and eating vegetables. • Henry – A free parenting course for children aged 0-5 years, which includes nutrition and mealtime support. • Healthy Start – Vouchers are available to eligible families to buy infant formula, plain cow’s milk and fruit & vegetables. • Healthy Options – Hull City Council runs this award to encourage caterers to provide healthier options, increase fruit & veg consumption and decrease fat, sugar and salt intake. 	<p style="text-align: center;">Work Towards Food Equality</p> <ul style="list-style-type: none"> • Hull Food Inequality Alliance – This multi-agency partnership was established in September 2018 containing key members of the voluntary and public sector. • Community fridges – There are 5 fridges across the city containing nutritious ready-meals produced by EMS. The meals feed a family of four and cost £2 each. • School meals – All infants in key stage 1 receive free school meals and most schools offer school meals for £1 at key stage 2, saving parents £8.50 per week per child.



<p>Encourage a Sustainable Food Economy</p> <ul style="list-style-type: none"> • Humber Growth hub – A business support program run by Hull City Council for new and existing businesses. • Workers Education Association – They have designed a year-long course for sustainable food entrepreneurs. They ran a successful taster earlier this year with 10 learners. • Hull Trinity Farmers Market – Set up by Hull BID in 2018 and occurs on the last Saturday of the month. It showcases local food businesses with 2500-3000 attendees. • Local food directory – On the Food4Hull.co.uk website is a list of local food vendors to promote sustainable options. 	<p>Develop Sustainable Supply Chains</p> <ul style="list-style-type: none"> • Hull Catering – They provide the catering for most schools in Hull and hold the silver award for ‘<i>Food for life served here</i>’. This means they use free range eggs, sustainable fish, cook from scratch and can trace all ingredients back to the farm. • Procurement network meeting – The first cross-sector meeting was held earlier this year where objectives were set. For example, work towards Sustainable Fish City award; share good practice for reduction of plastic waste; and increase the number of businesses achieving the Food for Life award.
<p style="text-align: center;">Increase Food Production</p> <ul style="list-style-type: none"> • Community growing sites – Hull has seen an increase in community gardens in the past 5 years. Currently there are 16 growing sites across the city. Examples include: • Rooted In Hull – An urban farm using mobile raised beds in order to be flexible and able to move to different sites. • Constable Community Allotment – A half-acre site showcasing permaculture principles and no-dig gardening. • No Dig Community Allotment – Founded July 2018, this allotment near Clough Road encourages participation in organically grown produce. 	<p style="text-align: center;">Reduce Ecological Impact</p> <ul style="list-style-type: none"> • Food and Garden Waste Collection – organic waste is collected from households and used to produce compost. The compost is then used locally on agricultural land and for community projects. • EMS – The charity runs composting training at their community growing sites and have trained 50 people to date. • OLIO – Cranswick sponsored an OLIO Community Market Maker to manage the Hull Food Save Project, with the aim to reduce food waste and tackle food poverty. • Marine Conservation Society – Hull Food Partnership is looking to work with MCS on their pledge to reduce plastic in the fishing industry.

