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Welcome

Hello and welcome to the January update from Hull Food Partnership!

You are receiving this email because you have previously signed up to receive more information about the work of Hull Food Partnership.

These short dark days lend themselves perfectly to some visioning for growing in the year ahead. Think of all the fruit and veg you'd like to grow and make a plan. Think of trying [something different alongside your favourites](#), and check your old seed packets and saved seeds before ordering more. Even better – why not go along to a [Seed Swap](#) to exchange ideas and get advice from local expert growers?

As long as the ground isn't frozen, you can plant fruit tree saplings and bare root fruit bushes. Hardy winter lettuces or mustard salad leaves can be sown under cover as can broad beans, cress and rocket.

If you know someone who would like to receive this newsletter, please ask them to email their name and contact details to anna@rootedinhull.org.uk with the subject header 'HFP newsletter subscription' and we will add them to the mailing list. All requests will be dealt with in line with our data protection and UK GDPR policies and people can unsubscribe at any time.



Hull Food Partnership News

Help us update our maps for 2023!

We host two maps on our [#NurtureHull website](#) for people to connect across the city.

The [Community Food Support map](#) was last updated at the beginning of December 2022, if you know of any organisations that should be added to the map, please email details to karen.taylor@rootedinhull.org.uk

The [Community Growing Projects](#) map was last updated at the beginning of 2022, if you know of any projects that should be added to the map, please email anna@rootedinhull.org.uk

Veg Cities Hull receives funding for another year

At the end of December, Hull Food Partnership learned that our application to continue our Veg Cities work was successful. This means that we can continue reaching communities across Hull, encouraging people to grow, cook, eat and share their own food until the beginning of 2024!

This wouldn't be possible without the generous support of Sustainable Food Places, Esmée Fairbairn Foundation & The National Lottery Community Fund.



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to eat more veg, building on the success of our Summer Eating Challenge last year, as well as encouraging children and young people to become food champions within their communities.

If you would like to get involved, or find out more information, please contact darren@rootedinhull.org.uk



Hull Seed Swap 2023 – Saturday 11th February

We're delighted to confirm the Hull Seed Swap will take place at Jubilee Central, King Edward Street on Saturday 11th February from 10:30am to 2:30pm.

Even if you don't have seeds to swap – there'll be seeds to purchase on the day at ultra low prices.

Please come along with your friends and families to find out about the amazing work happening across the city.

There'll be expert advice, talks and demos introducing people of all ages to a range of ways to get involved in growing their own fruit and veg in Hull, as well as family friendly activities, including stay and play with nature friendly materials and, of course, food!

Find out more, and register your interest at the link here:

<https://tinyurl.com/seeds2023>



#HullTogether

Food Donation Point



Hull 4 Heroes

Drop in Centre, 3rd Floor,
Princes Quay, Hull HU1 2PQ

Opening Hours:

Monday - Friday, 10am - 2pm

<https://tinyurl.com/hulltogether>

Local News

Single bus fares across England price capped at £2 until 31st March

As part of the Government's 'Help for Households' program, they've funded a Bus Fare Cap Grant scheme that will be introduced on most single bus journeys across the country from 1 January 2023 until 31 March 2023.

[East Yorkshire Motor Services](#) and [Hull's Stagecoach](#) bus services are participating in the scheme, however some services may not be included, so please check with individual providers before you travel for the most up to date information.

Yorkshire Wildlife Trust and Orsted embark on Humber seagrass restoration project

The partnership aims to restore up to 74 acres of lost meadow in the Humber Estuary as part of Orsted's planned Hornsea 4 offshore wind farm. Seagrass is a valuable habitat for the marine food chain and able to sequester large amounts of carbon.

The [Humber Seagrass Restoration Project](#) focuses on Spurn Point and is funded by Hornsea 4. The large-scale restoration would be a resilience measure for the offshore wind farm, providing potential new and improved nursery habitat for prey species that seabirds, specifically kittiwake, guillemot and razorbill

#HullTogether

#HullTogether opens new Food Donation point in Princes Quay

[Hull 4 Heroes](#) has opened a new Drop in Centre which is also being used as a drop off point for ambient food donations as part of the [#HullTogether project](#).

You can find them on 3rd Floor, Princes Quay, Hull HU1 2PQ.

Opening hours: Monday – Friday, 10am – 2pm.

If you're not sure what to donate, please [check the list of items here](#).

#HullTogether is now looking to establish a network of food donation points covering sporting events, cultural events and workplace donations. This will require a partnership approach with local sporting clubs, cultural venues and local employers. If this is something that your organisation would like to be involved in, please email helen.skinner@hull4heroes.org.uk

Rooted in Hull's review of the year

To kick off 2023 here's [a short film](#) from our host organisation [Rooted in Hull](#) showing what they got up to in 2022 and their intentions for the year ahead.



T2V New Year Resolutions

Time2Volunteer is posting weekly blogs in 2023, giving people interested in volunteering a series of chances to develop their skills and to generally give back.

There will be courses, chances to train to become a trustee at a charity, and ideas about taking action to tackle common concerns, as well as volunteering opportunities in many fields and locations. Volunteering is a great way to try something as well as being a chance for people to fulfil the feeling many share at New Year of wanting to do something good for themselves and their community.

To find out more, visit <https://time2volunteer.org>

and we will consider it for inclusion in our next newsletter.

#HullTogether

Food Donation Point



St Stephens Management Suite,
Ground floor (near Tesco car park),
110 Ferensway, Hull HU2 8LN

Opening Hours:

Monday – Saturday, 9am – 7pm.

Sunday, 10.30am – 4.30pm.

<https://tinyurl.com/hulltogether>

National News

School Food Standards Compliance pilot begins

The Food Standards Agency (FSA) and Department for Education (DfE) have launched a [School Food Standards Compliance pilot across 18 participating local authorities in England](#). The pilot was initially announced in the Levelling Up White Paper 2022. The joint initiative, supported by the Office for Health Improvement and Disparities (OHID), aims to design and test a new approach in supporting schools to comply with the existing [School Food Standards](#).

At the time of writing, the [Food for Life Schools Award](#) is the only nationally recognised verification that schools are meeting the School Food Standards, however there is no compulsion for schools engage with the awards programme, and Hull City Council have recently withdrawn from the awards programme [which ran successfully for 7 years](#) due to budgetary constraints.

Local authorities taking part have begun introducing some additional questions, as well as making

potential non-compliance with the School Food Standards. Local Authorities will then work with schools to instigate supportive interventions to aid compliance with the standards. The pilot will run in line with the full academic year.

2022 was the UK's warmest year on record

All four nations set [records for heat in 2022](#), with England seeing the highest average temperature at 10.94C, followed by Wales (10.23C), Northern Ireland (9.85C) and Scotland (8.50C).

A spell of heatwaves in June 2022 led to the UK experiencing its fourth warmest summer on record - and temperatures broke the 40C mark for the first time, leading the Met Office to issue its first-ever red warning for extreme heat. The hot summer and months of low rainfall also dried up rivers, damaged crops and fuelled wildfires, with an official drought declared in large parts of England.

[The Met Office](#) said that a UK mean temperature of 10C would have been expected once in 500 years in a natural climate - before humans started producing the emissions responsible for climate change with activities such as burning fossil fuels. But it said this was now likely to occur every three to four years.



NHS

Your Healthy Start prepaid card will be topped up with your payment every 4 weeks

To check if you're eligible for Healthy Start, visit: www.healthystart.nhs.uk

The advertisement features a green background with the NHS logo in the top right. The main text is in white. On the left, there is a cartoon illustration of a Healthy Start card with a face and arms, holding a small object. The card is blue with a yellow, green, and red stripe.

Low-income families miss out on £79m toward fruit, veg and milk as Healthy Start scheme falters

The [Healthy Start scheme has been beset with increasing problems since digital cards were introduced](#), with eligible families reporting problems applying for and using the cards, as well as long, costly waits to get through on the helpline.

Families already receiving payments are also seeing their value shrink as food inflation tops 16%, leaving more households unable to afford essentials including infant formula, with the least expensive product on the market (Aldi's own brand) now costing 10p more than what a family with an infant receives in England, Wales and Northern Ireland.

In March 2022, the Department of Health and Social Care ceased publishing scheme uptake and eligibility data per local authority area, leaving health professionals unable to plan meeting growing demand for the scheme.

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Healthy Start in England and Wales in August compared to March 2022. This number is expected to have risen significantly since then.

If you or someone you know might be eligible for Healthy Start, find out how to apply here:

www.healthystart.nhs.uk

**Veg Power update: Win a Magimix for your family! Closes
16th January**

Soup is the king of thrifty meals and batch-cooking – easy to make, freeze, reheat, and infinitely adaptable. You can make almost any kind of soup with just a few simple tips. You can follow a recipe exactly, or make soup from whatever veg you have that needs using up.

To win a Magimix to make more delicious soup, all you need to do is tell Veg Power what your favourite soup is and leave your email address [on the entry form here](#).



#HullTogether

Food Donation Point



**North Bransholme Community Ctr,
The Paul Ingle Boxing Academy,
Lothian Way, Hull HU7 5DD**

Opening Hours:

Monday – Friday, 10am-12noon

<https://tinyurl.com/hulltogether>

Humberside Fire & Rescue Service Council Tax Precept – Local Consultation – Deadline 27th

January

Humberside Fire and Rescue Service is asking members of the public if they would be willing to increase their funding for their fire and rescue service. They understand that any increase is unwelcome in these challenging times. However, with the additional funding, they can maintain the services they currently provide and invest in resources that help our firefighters respond to incidents, such as grassland fires and flooding. These investments will benefit everyone in the Humber region and help to keep us all safe. Many properties within the Humber region are in lower Council Tax bands so, for the vast majority, the proposed increases are smaller. [Respond to this short consultation here.](#)

Healthwatch Hull Cost of Living Survey – Local Survey

Healthwatch Hull has decided to release this [short online survey](#) asking Hull residents what impact the rising cost of living is having on their health and well-being. Whilst the survey is currently only accessible online, it ensures that the voices of people living in Hull are heard, on both a local and national level. Healthwatch will use the information you provide to help us look at the quality of local health and social care services. Your views will be treated confidently and anonymously.

FIO Food project: Food Insecurity in People living with Obesity – National Research

This research project is aiming to find out what strategies might help people living with very tight budgets to buy healthy and environmentally sustainable food, when they are shopping in the supermarket. The research is funded by the UK Research Initiative and involves both academic collaboration between universities in Scotland and England and business collaboration with project partners Sainsbury's. They are looking for 3 or 4 citizens with experience (past or present) of food insecurity to help shape how the project is planned, developed, delivered and shared. [This animation explains more about the involvement of citizens.](#)

If you are interested in getting involved, please email Professor Alex Johnston via alex.johnstone@abdn.ac.uk for more information.

Rights : Community : Action - #WeAreHere - National Campaign

In collaboration with [Glimpse](#), Rights : Community : Action are working to empower local communities who are under threat from the effects of climate change to speak out by offering free legal and planning advice and creating public artworks in the local area that help them tell their story.

They are campaigning for a fairer planning system, which respects the views of local people and puts our home at the top of the priority list. With decades of experience in turning complex issues into stories that resonate with people, winning planning campaigns and reaching the corridors of power.

[Sign up here](#) for more information on how to get involved.

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Research – Deadline 19th January

Want to learn more about what UK local authorities are doing to combat the climate and ecological crises? Want to help communities to get their council to take Climate Action seriously? Interested in gaining experience of local policy, initiatives and best practice?

Volunteer with [Climate Emergency UK](#) to create the Council Climate Action Scorecards - the only UK-wide assessment of councils actual climate action. By creating the Action Scorecards you would be helping your community and other people around the UK understand how well councils are tackling the climate crisis, who's doing well and what is possible. Find out more about the [volunteering opportunities and how to apply here](#).

An interim independent assessment of [Hull City Council's progress can be found here](#).

#HullTogether

Food Donation Point



Freedom Centre

97 Preston Road, Hull HU9 3QB

Opening Hours:

Monday & Thursday, 8.30am – 5pm

Tuesday, Wednesday & Friday,

8.30am – 6pm

<https://tinyurl.com/hulltogether>

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Free trees from The Conservation Volunteers (TCV) for #IDigTrees 2022/23

Are you part of a community group that would benefit from receiving [FREE trees](#)? Then TCV would love you to nominate them.

They also welcome applications from schools planting trees to benefit their students. There is still time to register your interest and get some free trees delivered for your local planting projects.

All trees supplied by #IDigTrees must be planted on publicly accessible land and not on private domestic property.

Join the TCV Community Network for free

As a member of a nationwide community, you will have access to TCV resources, help with health and safety guidance, safeguarding supports, obtaining insurance at a reduced rate, and volunteer recruitment and retention. Join the TCV Community Network today and work together to care for and protect our vital, precious green spaces. [Find out more and sign up.](#)



New Food Active podcast

[This podcast](#) aims to discuss the complex factors that impact our health and uncover new approaches to promoting healthy weight. Discussions with a range of people including local authority public health teams, community groups, researchers and more.

Activism Inside Out: a personal, step-by-step guide to becoming a more effective change-maker

The European Youth Forum have [a new tool](#) on how to be an effective activist and stay sane.

Free digital cookbook from The Vegetarian Society

Cost-conscious vegan slow cooker recipes designed to wow, [download here.](#)

#HullTogether

Food Donation Point



Hull KR Craven Park

Poorhouse Lane

Hull HU2 8LN

Opening Hours:

Monday – Friday, 10am - 3pm

<https://tinyurl.com/hulltogether>

Funding

Greenpeace #BadTaste open call for artists and activists - Deadline 15th January

Greenpeace are inviting artists and activists to devise creative interventions that confront the role of industrial food in the climate crisis. Three projects will be supported with grants of £10,000, a separate production budget, and a box of ash from burnt Amazon rainforest to incorporate into the project.

Recognising the injustices built into the industrial food system, this project prioritises the perspectives of artists and activists who self-identify as Black, Indigenous, people of colour and/or working class. They also welcome people identifying as disabled and neurodivergent, and will support access needs wherever possible.

Find out more and apply here: <https://www.greenpeace.org.uk/take-action/bad-taste/>

Hull Activity Grants - Grants up to £1,000 - Deadline 31st January

Grants are available to help groups undertake activities which will help to strengthen local communities and build connectivity between people (community capital). [More info.](#)

National Garden Scheme Community Garden Grants – Deadline 31st January

Applicants must be a fully set up community group, charity or Community Interest Company (CIC) with a

ownership by another body).

Grants will only be made to bodies in England, Wales and Northern Ireland. The following bodies are not eligible:

- Local authorities (including parish councils)
- Schools

Individual grants are between minimum £500 and maximum £5000. Each application must itemise the details of the costs they are planning to cover. Eligible costs could include, for example, site preparation (including hire of small mechanical tools such as rotavators), hand tools, plants, trees, shrubs, containers and seating.

The following items are not eligible for funding:

- Salaries or wages
- Volunteer expenses
- Promotional costs (e.g. production or printing of leaflets)
- Hire of large mechanical tools (e.g. large shredder, JCB etc.)
- Transport to visit gardens
- Insurance
- Educational course fees or training costs.

Visit the [website for more information and how to apply](#).

Food for Planet Grants – Deadline 10th February

New grants have been launched by Sustain as part of the Food for the Planet project. The grants aim to support communities to campaign and advocate to make food in their area better for people and the planet. Applicants are encouraged to propose their own ideas for great local action, but should focus on areas that have a big impact locally, for example:

- Improving your council's score in the Every Mouthful Counts report and/or developing a food strategy
- Supporting groups and communities that are marginalised to campaign for food climate justice and tackling racial injustice in the food system
- Encouraging climate-friendly food in public institutions and council settings
- Supporting sustainable farming systems through planning policy
- Tackling unfair and unhelpful pricing and advertising of the most climate-damaging foods

Find out more and apply here: <https://www.sustainweb.org/news/dec22-climate-nature-local-grants>

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#HullTogether

Food Donation Point



Pearson Park

East Lodge, Pearson Park,
Beverley Road, Hull HU5 2TQ

Opening Hours:

Tuesday, 10am - 3pm

<https://tinyurl.com/hulltogether>

Dates for your Diary / Events

[Veganuary 1st-31st January](#)

[Food Diversity Day 13th January](#)

[Last ever Inglehome Open Day 15th January](#)

[Brew Monday 16th January](#)

[The Great Winter Get Together 16th-29th January](#)

[Big Garden Birdwatch 27th-29th January](#)

[FoodCycle FREE Community Meals every Thursday at 6:30pm](#) Marfleet Community Centre,
Rear of 22-24 Swanfield Road, Hull, HU9 4PX



[Imbolc/Candlemas 1st-2nd February](#)

[Fizz Free February 1st-28th February](#)

[Hull Seed Swap 11th February](#)

[Real Bread Week 18th-26th February](#)



HULL SEED SWAP

Saturday 11th February 2023

10:30 am - 2:30pm

Jubilee Central, 62 King Edward Street, Hull HU1 3SQ

FREE ENTRY - everyone welcome!

- Nature friendly activities for all ages
- Talks and presentations from local and national experts

If you don't have seeds to swap, don't worry!

We'll have packs to buy at 20p each or 6 for £1.00

This is a family friendly event - bring the kids and find out how to sow and grow your own food - fight the #CostOfLivingCrisis

We'll also be launching the 2023 Hull Growers' Handbook, come along and pick up your FREE copy!



For more info go to:

<https://tinyurl.com/seedswap2023>

Training / Webinars

FREE Webinar: Local Government training session for food partnerships [16th January](#).

Transforming the food system at a local level requires the full backing and involvement of local authorities. All food partnerships, regardless of whether they are hosted by the council or hosted by a separate organisation, work closely with their council. But how well do we know how local government works and how to influence it?

FREE webinar: Cost of Living Crisis What does it mean for UK diets? [18th January](#).

required to improve food security and diet quality for families and individuals across the country.

Training: Forgotten Places – Identifying Broadleaf Trees in Winter. [10:00am-4:30pm, 21st January \(book by 17th January\)](#). £25.00 Animal Education Centre, 830 Hawkesbury Street, East Park, Hull HU8 9AG

On this course, you will explore features such as buds and twigs that will enable you to identify common tree species, even when they are winter-bare. As well as learning the steps for identification and exploring local green spaces in the presence of an expert tutor, you will learn key terms for describing tree features in winter and discover tips and tricks for becoming familiar with different common broadleaf tree species.

FREE webinar: Launch of the National Green Infrastructure Framework. [31st January](#).

National launch of the Green Infrastructure Framework: Greening our towns and cities to deliver for climate, nature, health and prosperity.

FREE online fundraising drop in sessions from Two Ridings: Every session has a specific topic they cover so that people come away with some really focused and useful support and knowledge. [Sign up here](#).

- Weds 1st February - 2pm: Forecasting your financial year
- Tues 7th March - 10am: Top tips for applying for funding
- Weds 5th April - 2pm: Full cost recovery
- Tues 2nd May - 10am: Other sources of funding
- Weds 7th June - 2pm: Preparing a cash flow
- Tues 4th July - 10am: Shouting about your project

FREE webinar: RHS Roots to Wellbeing webinar [2nd February](#).

To celebrate the Spring launch of their new CPD course, Roots to Wellbeing, in the lead up to Children's Mental Health week, RHS are marking the occasion with a webinar focused on supporting wellbeing in schools through growing and nature connectedness.

FREE Hull Data Observatory Walkthrough. 9.30am -11am on Tuesday 7th February or 1pm – 2.30pm on Wednesday 15th March. Where: Centre 88, Saner Street, Hull HU3 2TR.

This is a must for anyone involved in applying for grants. Interactive session where you can find out how to use the Hull Data Observatory - a free and open online data resource – vital for evidencing need in funding applications. Book a date on Eventbrite using the appropriate link:

- [7th February](#)
- [15th March](#)

Webinar: How to manage rising energy costs, what next for charities? [9th February](#).

Following the government's review of the Energy Bill Relief Scheme, join NCVO and supplier Utility Aid to understand what this means for charities and keeping costs down in the face of the energy crisis.

Let's Talk Food Conference, Ewood Park Blackburn Rovers Blackburn BB2 4JF. [16th March](#).

BLACKBURN WITH DARWEN FOOD ALLIANCE ANNUAL CONFERENCE

Let's Talk Food

16th March 2023 Ewood Park Blackburn

Keynote Presentations

Sheila Dillon

Presenter of the Radio 4 Food Programme will deliver the inaugural BwD Food Alliance Presentation.

Prof Corrina Hawkes

Leadership Practices For A Well-nourished Borough

Corinna will talk about why leadership is the magic ingredient needed to evolve our food system into one which serves people's and planetary health and wellbeing. She will talk about what needs to be done and why and how the specific practices of courageous leadership working from the ground up can make a difference.

Tim Radcliffe

NHS England Green Food Update

Tim will provide an insight into NHS England Net Zero ambitions, their new food standards and upcoming food strategy

Sarah Ottaway

"Why food waste is one of our biggest challenges, globally and locally."

If food waste was a country, it would have the third largest carbon footprint in the world behind only the USA and China. Its impacts are felt both at home and at a global level, but what does this mean and where are the opportunities to benefit people and communities by tackling this major problem?



<p>1</p> <p>KEYNOTES</p>	<p>2</p> <p>WORKSHOPS</p>	<p>3</p> <p>NETWORKING</p>	<p>4</p> <p>COMMUNITY</p>
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courses to choose from



Founded in 1903, the Workers' Educational Association (WEA) is a charity dedicated to bringing high-quality, professional education into the heart of communities.

Due to the COVID-19 pandemic, they have had to move most learning online, and as a result have refreshed their offer for 2022. Many courses are FREE or discounted (subject to eligibility). Some courses we think you'll find interesting include:

- Quick to Crop Spring Planting Starts [16th January](#)
- Indian Cookery [Starts 17th January](#)
- Making Sense of What's Going On: Britain's Current Economic Challenges [Starts 18th January](#)
- Thursday Night Dinner [Starts 19th January](#)
- International Cookery [Starts 20th January](#)
- Cookery Through the Ages [Starts 20th January](#)
- Introduction to Green Solutions [Starts 20th February](#)
- Supporting your immune system [Starts 20th February](#)
- Cooking on a budget: Microwave Cooking [Starts 18th April](#)

For more information about WEA Yorkshire & Humberside courses, click here: www.wea.org.uk/yorkshire-and-humber



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