



Hello and welcome to the January update from Hull Food Partnership!
You are receiving this email because you have previously signed up to receive more information about the work of Hull Food Partnership.

With the new year celebrations well behind us, it's time to start planning for the spring in earnest as we plot out [what we'll be planting](#) (if you haven't already) and learning the lessons from previous years.

It's almost [Imbolc \(1st Feb\)](#), tuning into the wheel of the year can be a great way to mimic nature's seasonality within our own minds and bodies. This gives us the space and time to reflect, dream and rest before the energy of the growing season truly begins.

So why not come along to the [Seed Celebration](#) that will take place on Saturday 22nd February, to get inspired about what to grow this year.

If you know someone who would like to receive this newsletter, please ask them to email their name and contact details to hullfoodpartnership@gmail.com with the subject header 'HFP newsletter subscription' and we will add them to the mailing list. All requests will be dealt with in line with our data protection and GDPR policies and people can unsubscribe at any time.



Hull Seed



Celebration !

Saturday 22nd February 2025

10:30am-2:30pm

Jubilee Central, King Edward Street, Hull HU1 3SQ



**FREE ENTRY
All Welcome!**



<https://nurturehull.org.uk/event/hull-seed-celebration-2025/>

Hull Food Partnership News

Happy New Year – are you ready for the Hull Seed Celebration?

Everyone is invited to the FREE Hull Seed Celebration at Jubilee Central, 62-64 King Edward Street, HU1 3SQ on Saturday 22nd February 2025 from 10:30am to 2:30pm.

This is a family friendly event, showcasing the great work happening across the city, introducing people of all ages to a range of ways to get involved in growing their own fruit and veg in Hull, and some of the ways we can be more climate conscious in our consumption of food.

We'll have a range of activities, with FREE make and take craft sessions for the kids run by [We Made This Hull](#), plus [Shaun the Sheep](#) Eat the Rainbow wallcharts and stickers, talks and delicious food from the [Yorkshire Feast Collective](#) – as well as seeds to share and giveaways, along with expert advice on how to get growing with or without outside space.

This year we'll be celebrating 20 years of Hull being a Fairtrade City, as well as how communities can come together to make good food the norm for everyone.

Whatever your age and skill level, we would love to see you there – even if you don't need seeds – there'll be plenty to do. Join us!

We are recruiting – join our team!

Hull Food Partnership as part of Hull CVS is seeking to recruit someone to the new post of Community Food Support Officer.

The postholder will work alongside the existing Development Officer and Community Campaigns Officer to strengthen community food provision in Hull with access to healthy and nutritious food that is fairly sourced and affordable to people living in the city.

As part of the Hull Food Strategy Action Plan implementation, the main responsibilities of the role will be to:

- Develop the successful expansion and roll-out of the Food Exchange Platform by sourcing local food growers, supporting them to use the platform and test new functionality to ensure accessibility and usability for all.
- Set up and maintain a bulk food purchasing system for local community food organisations, with a view to developing a food buying co-operative in Hull.

Initially this post will be offered at 3 days a week for two years, with the opportunity to increase hours if additional funding is secured.

Candidates will need to be able to:

- Demonstrate a good understanding of the food issues in Hull.
- Work in a collaborative manner that embraces partnership/co-operative approaches.
- Work independently with minimal supervision.
- Embody a positive 'can-do' attitude that embraces challenge and is alert to the complex intersecting issues that link poverty to health inequalities and poor life chances.

This unique role will be your opportunity to contribute to potentially transformative change for Hull's most vulnerable residents.

Deadline for applications is Sunday 9th February.

For more information, a copy of the job description and person specification, and instructions on how to apply, please click on the link here:

<https://hullcvs.org.uk/vacancy/entry/21580>

Eat the System



Hull Food Partnership in association with **Creative Projects**

'Eat The System' podcast. Episode 11 – Eat Well, Do Well: Universal Free School Meals in Hull (part 3 of 3)

The final episode of this mini-series. It marks 20 years since Hull City Council decided they would provide free school meals for all Primary pupils, saw that the regulations didn't allow for this, and then set about getting those regulations changed.

We've spoken to the policy maker and the policy deliverer. [In this episode](#) it's time to hear from one of the teachers who worked in schools when the Eat Well Do Well initiative came into being.

Maureen Hulme was a primary school teacher in one of the neighbourhoods that benefited most from Eat Well Do Well. You may not recognise the names of Marfleet or Orchard Park, but the descriptions will be more than familiar.

We opened this series with a politician's belief in how food could benefit his fellow citizens. We've closed the series with a teacher proving how right he was.

You can listen to the podcast via: [Spotify](#) / [Amazon](#) / [Apple](#) or [Deezer](#)

WILD WILD LIFE

in Orchard Park, Hull



@ The RAMPANT HORSE Pub

381 Hall Road, Orchard Park, HU6 9DT



Beneath the Surface: A Pond's Watery Wonderland!
with Sarah Tucker
University of Hull

TUESDAY 18TH FEB
TALKS WITH Q&A 7PM - 9PM

Create a haven on your doorstep: a thriving garden for birds, bees and more!
with Andy Steele
Yorkshire Wildlife Trust



More info

01482 709810 john@emsyorkshire.co.uk

[facebook.com/orchardparkgardens](https://www.facebook.com/orchardparkgardens)

Places are limited, so book to confirm seat

EMS



The
co-operative
bank

Orchard Park

Postcode

Gardener

Working together to bring back nature

Local News

Wild Wild Life: Nature talks in Orchard Park - Tuesday 18th Feb

As part of the [Orchard Park Postcode Gardener](#) project, two FREE talks are taking place from 7-9pm on Tues 18th February at the Rampant Horse, 381 Hall Road, Orchard Park Estate, Hull HU6 9DT

- 'Create a haven in your garden' with Andy Steele from Yorkshire Wildlife Trust
- 'Fresh Water Wonderlands' with Sarah Tucker from the University of Hull

There is no charge for entry, so please buy a drink to support the pub who are providing the room. To book your place, please contact john@emsyorkshire.co.uk or call 01482 709810 (EMS). We look forward to seeing you there!

RHS Chelsea 2025 garden coming to Bransholme this May

[Neighbourhood Network](#) is excited to have been selected as the relocation home of the Songbird Survival Garden after exhibiting at the RHS Chelsea Flower Show this May 2025.

The Songbird Survival Garden, designed by Nicola Oakey and supported by Project Giving Back will be unveiled at the RHS Chelsea Flower show in May 2025, before being relocated to its new home at the Neighbourhood Network's Community Centre, 87 Goodhart Road, Bransholme, Hull.

The outdoor space at the community centre is currently not used at all by the local community. The garden area is fully hard landscaped and currently does not have safe access for all to use. The Neighbourhood Network team are working hard to obtain funding support to develop the larger space to meet the needs of the community.

The vision is that the existing space can be transformed into a vibrant, welcoming community space – accessible for all. The team plan to widen the access door and build a ramp into the garden leading to a space large enough to host activities such as yoga and meditation. The vision includes the addition of raised beds and fruit bushes for community growing and foraging, encouraging new users and even more beneficiaries of the garden.

To support the development of the garden space the Neighbourhood Network charity is seeking donations, offers of volunteering, expertise or help from anyone that is interested in redeveloping this community space.

For more information on how you can be involved please email office@nnetwork.org.uk or call the team on 01482 826061.

The Hull Pie and The Hispanist close this January

Two well loved independent food businesses in Hull have announced that they are closing this month.

Much-loved bakery [The Hull Pie](#) has sadly closed, it was formed in 2011 by Matt Cunnah and built up a solid reputation thanks to the quality and flavour of its homemade pies. Over the years, the bakery has had branches in Trinity House Lane, Newland Avenue, Queen Victoria Square, and a pop-up for takeaways outside St Stephen's Shopping Centre.

In a heartfelt post to customers, Matt said: "It's been 13 years since I opened that little shop down Trinity House Lane, and it's been the greatest achievement of my life. I've never really been able to grasp what I have made happen, and with the help of the incredible staff I've had over the years, we've made and sold well over a million pies, catered hundreds of weddings, won multiple awards,

and most importantly, given you all great food and moments to treasure”.

[The Hispanist](#) owner Nick Hill brought the flavours of Latin America to Paragon Arcade in 2018. As an experienced chef from Hull who had lived in abroad in Spain, Nick's vision for The Hispanist was an incredible success. Among its many accolades, The Hispanist was named among the country's 100 best restaurants in 2023, a position it held in last year's Good Food Guide too. Sadly, despite the obvious quality of the food, trouble first began in December 2022 when Nick revealed energy bills had increased 600%.

With the economic outlook still gloomy, it's important to support independent businesses with our wallets wherever possible so we don't lose yet more quality local food producers in Hull.

BE CONNECTED

CONNECT. CONVERSE. CREATE.


LONELINESS CAN AFFECT ANYONE.

It is not just a feeling, it can have a real impact on both physical and mental health.

Be Connected aims to tackle loneliness in Hull by providing the support needed for people to come together. Our goal is to reduce loneliness and improve social connection throughout the city.

Find out more on the reverse about what we offer and how you could be involved in the creation of a stronger, more connected Hull.

 01482 324474

 enquiries@hull-cvs.co.uk

 The Strand, Hull CVS, 75 Beverley Road, Hull, HU3 1XL

 beconnectedhull.org.uk



Funded by
UK Government



National News

New report finds that over the past 2 years healthier foods grew more expensive at twice the rate of less healthy options.

The Food Foundation's [annual Broken Plate Report](#) was released this week with statistics highlighting the stark inequalities in access to nutritious foods in the UK.

In 2024, healthier foods cost more than twice as much as less healthy options, averaging £8.80 per 1,000 kcal compared with £4.30 for less healthy foods. The

gap widened in the past two years, with the cost of more healthy foods rising by 21% from 2022 to 2024, while less healthy foods saw an increase of only 11%.

Meanwhile, research in the report found the most deprived fifth of the population would need to spend [45% of their disposable income](#) on food to afford the government-recommended healthy diet, rising to 70% for households with children.

It remains substantially cheaper for families on a tighter budget to purchase processed foods laden with salt, sugar and unhealthy fats, rather than fresh fruit, vegetables and wholegrains. This discrepancy [undermines individuals' best efforts to adopt healthier diets](#) and entrenches health inequalities throughout society.

Alarmingly, the report highlights how children from lower-income households are more likely to experience poor dietary outcomes. Over the last decade, childhood obesity has continued to rise, with the gap between the most and least deprived communities widening.

These figures underscore the lasting impact of poverty on both short-term wellbeing and long-term health. If healthier options remain out of financial reach for those who need them most, the nation's health will continue to suffer, placing further strain on already overburdened healthcare services.

Another critical finding relates to the environmental toll of our current food system. Transporting produce across vast distances, heavy reliance on processed goods and a demand for out-of-season imports all come with environmental costs, particularly where large-scale production methods exacerbate soil degradation and biodiversity loss.

The Broken Plate 2025 calls attention to the importance of creating a more sustainable, self-sufficient model, urging policymakers to support British farmers, encourage local sourcing and invest in eco-friendly agricultural practices.

The report also sheds light on the marketing tactics employed by the food industry. Unhealthy products continue to dominate prime advertising space on television, online and at checkout aisles, influencing consumer choices from an early age. The Broken Plate 2025 urges stronger regulations around the promotion of junk food, coupled with incentives for producers to innovate healthier alternatives that remain both appealing and accessible.

Read the [Broken Plate 2025 report here](#).



Check out the Hull Healthy Start film!

Hull City Council's Healthy Lifestyles Team have [created a film](#) with residents and workers across the city to explain the advantages of the Healthy Start card.

In Hull, families are missing out on £350,000 of healthy food annually, so we want to encourage everybody to see if they are eligible and apply. Spread the word!

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. Your benefit will be added onto this card every 4 weeks.

You can use your card to buy:

- plain liquid cow's milk
- fresh, frozen, and tinned fruit and vegetables
- fresh, dried, and tinned pulses
- infant formula milk based on cow's milk

You'll get money added onto your Healthy Start card every 4 weeks.

You'll get:

- £4.25 each week of your pregnancy from the 10th week
- £8.50 each week for children from birth to 1 year old
- £4.25 each week for children between 1 and 4 years old

Your money will stop when your child is 4 years old, or if you do not get benefits that make you eligible.

[Watch the film here.](#)

Find out if you're eligible by visiting: www.healthystart.nhs.uk

No need
to book!

Guided History & Trees Walks

FREE!

All walks are on **Saturdays** and are led by Richard Clarke, landscape historian.

Date	Venue	Meeting Place
08.02.2025	West Park	Anlaby Road entrance
08.03.2025	Northern Cemetery	Old main entrance on Chanterlands Ave North
12.04.2025	East Park	Holderness Road main entrance
10.05.2025	Hedon Road Cemetery	Hedon Road main entrance
14.06.2025	Western Cemetery	Pedestrian entrance from Hull General Cemetery, just off Spring Bank West
12.07.2025	Pickering Park	Hessle High Road main entrance
09.08.2025	Costello Park	Pickering Road entrance
13.09.2025	Eastern Cemetery	Preston Road main entrance
11.10.2025	Oak Road Playing Fields	Eastern end of Beresford Avenue entrance

All walks start at 10am and last for 1 to 1½ hours. Meet 5 minutes before walk starts.

<https://richardclarkelandscapehistorian.co.uk>



With the support of Hull Civic Society



Consultations / Campaigns

VCSE workforce Mapping Survey. Deadline 28th February

The VCSE sector is a crucial part of Humber and North Yorkshire's health and social care workforce, providing many services to our communities.

However, there is a lack of understanding of what the sector's contribution consists of, and without the data it is difficult to get system partners to recognise the size and scale of the sector and to understand what we have within Humber and North Yorkshire.

Humber and North Yorkshire VCSE Collaborative's mission is to position the VCSE sector as an equal and key partner in the design, planning and delivery of health and social care across our region. To do this, they need to know who powers our VCSE sector; who makes up our workforce, our working patterns and our contribution to health and care across our communities.

To collect this data, they need your VCSE organisation to be involved in a workforce mapping exercise.

By completing the survey, here's how you will be supporting your organisation and the wider VCSE sector across Humber and North Yorkshire:

- Value – if we can show the value provided by our workforce this can evidence the need to invest more into the VCSE sector.
- Diversity and inclusion – the sector is diverse and being able to showcase that and evidence a sector that represents its communities is hugely valuable to health and care system partners.
- Volunteer management – this can evidence the role and value of volunteers that provide significant hours that the sector could not do without.
- Planning – talent retention - knowing the sector means organisations can compare themselves to the rest of the sector and not lose talent to other organisations.
- Data driven – the world is dependent on good data. This survey creates a collective picture which leads to better decision making.
- Impact – understanding the values and strengths of the sector workforce means we can drive real impact and build trust with both communities and system partners.

[Complete the survey here.](#)

Survey: Hull Adult Social Care Strategy 2025 to 2028. Deadline 3rd March

Hull City Council are creating a new adult social care strategy and need your input. Whether you've used services for yourself or on behalf of someone else or just have ideas for improvement, let's make it better for everyone!

Complete the survey here: <https://yoursay.hull.gov.uk/ascstrategy>

Hull residents invited to engage with Community Highstreets project launch

Hull City Council is hosting a series of public engagement events as it launches its [£6million Community Highstreets investment project](#). The citywide scheme aims to reinvigorate high streets through enhancing quality of place, environmental performance, accessibility, community services and satisfaction, as well as increasing footfall and reducing shop vacancy rates.

An online survey will launch on [Friday 31 January](#) ahead of in-person consultation sessions to find out what changes people would like to see in their centres and to help shape their futures.

Six in-person sessions are confirmed, with more to be added as the consultation runs throughout February. The team will also be speaking to local schools and community groups to get their views.

Confirmed public engagement sessions so far are:

- Anlaby Road/Coltman Street – Maurice Rawlings Community Centre, 41 Bean Street, HU3 2PU, Monday 3rd February 3-5pm.
- Gipsyville – Gipsyville Library, 728-730 Hessle Road, HU4 6JA, Wednesday 5th February 10am to 2pm.
- Grampian Way – Pennine Community Centre, Grampian Way, Bransholme, HU7 5EF, Tuesday 11th February 9am to 12pm.
- Barham Road – The Barham Public House, 663 Marfleet Lane, HU9 4TN, Friday 14th February 2-5pm.
- Chanterlands Avenue – The Avenues Library, 76 Chanterlands Avenue, HU5 3TS, Monday 17th February 9.30am to 1pm.
- Holderness Road/Woodford – Woodford Leisure Centre Café, Holderness Road, HU8 8JU, Wednesday 19th February, 9am to 12pm.

As a token of appreciation, wildflower seeds and tubs of every Hullensian's favourite seasoning – American Chip Spice – will be handed out at random to those who speak to officers about the project.

[BiteBack 2030 campaign for young people to report on fast food outlets in their area](#)

In December the Government updated the National Planning Policy Framework (NPPF), giving local authorities the power to reject applications for takeaways and fast food outlets, especially near schools and areas where young people gather. It gets better — this now also extends to locations where evidence shows fast food outlets harm health, meaning change can happen where it's needed most!

This is a huge step forward in keeping junk food out of young people's everyday surroundings, but the journey doesn't stop here, and [BiteBack 2030](#) need your support!

Young people [like Rizwan](#), are still surrounded by fast food outlets. Across the country, communities are continuing to bite back against fast food chains opening near schools.

They want to know if fast food is growing in your area, and how it shows up in your life.

- Have you noticed a fast food outlet opening at a local school?
- Is Big Food taking over your high street?

[Share your story](#) and BiteBack 2030 will take your messages directly to MPs and people in power to make change happen.



Competitions/Offers/Resources

Simply Veg competition – win a Samsung Microwave! Closes 10th February

Kickstart 2025 with a [“veg.pledge”](#) that’s a single simple, sustainable step to better health.

Simply Veg’s team of experts is here to share their top tips on making vegetables a regular part of your routine—whether you’re a veggie novice or looking to add more variety to your meals.

Enjoy perfectly cooked food with a Samsung microwave – [enter the competition here!](#)

Sign up to the RHS ‘Grow With It’ project and get FREE pollinator friendly seeds!

This year the RHS are inviting you to grow a small space with BIG impact. No matter how much outdoor space you have, whether it’s a window box, a pot on your front step or seeds sprinkled in a pavement crack, it all adds up.

[When you sign up](#), you will receive a Grow With It welcome pack in the post to help you get started:

This will include:

- Three packs of seed suitable for small spaces and perfect for pollinators: chives, cosmos and cornflowers
- A poster
- A bespoke plant label to pop in your space

Hurry, available while stocks last!

Royal Institution Christmas Lectures – The Truth About Food

Every year between Christmas and New Year, the [Royal Institution](#) gives family friendly lectures around a specific subject. This year they invited popular scientist Dr Chris Tulleken to reveal The Truth About Food.

Entertaining and accessible, these FREE 3 x 1 hour lectures are worth a watch!

<https://www.rigb.org/christmas-lectures>

An orange promotional banner for the 'Grow Wild Community Programme 2025'. In the top left corner is the Royal Botanic Gardens Kew logo. In the top center is a white silhouette of a hand holding a seed. In the top right is a circular inset photo of people working in a garden. The main text in the center reads 'GROW WILD Community Programme 2025' in white. Below this is a green button with the text 'Apply now'. Underneath the button, it says '£2000 grants to transform urban spaces' and 'Applications close: 3pm, Thursday 13 February 2025'. At the bottom center is a white rounded rectangle containing the website 'growwild.kew.org' and a magnifying glass icon. On the left side of the banner, there is a circular inset photo of a person holding a plant with yellow flowers.

Funding

Grow Wild Community Programme - Deadline 13th February

The [Grow Wild Community Programme](#) supports groups and organisations to transform urban spaces for the benefit of people and wildlife by planting and championing UK native plants or fungi.

Grow Wild is seeking 20 fantastic community groups from across the UK to join the programme in 2025.

Your group will receive:

- A £2000 grant to transform an urban space with UK native plants or fungi, encourage wildlife and involve your local community.
- Invitations to online knowledge sharing sessions and talks featuring special guests from Kew and beyond. These sessions are designed to support your project delivery and provide opportunities to connect with other groups taking part in the programme.
- The opportunity to apply for a £500 follow-on grant for spring 2026, to help support your ongoing activities.

The programme is more than just financial support - they're seeking groups who are keen to join our online sessions and connect with other groups taking part.

New to UK native species? Or never grown before? No problem! They welcome groups of all experience levels and love receiving applications from those who are getting into growing for the first time. Find out more and apply here:

<https://growwild.kew.org/apply-grant/community-programme>

Delamere Dairy Foundation – Deadline 28th February

The aim is to fund charitable and community organisations to support projects that deliver benefits for local communities. Grants are available from £1,000-£5,000.

The applicant will need to fit one of the following objectives:

- Advancement of agriculture and of environmental protection
- Advancement in life of young people by developing their capabilities so that they may mature as contributory members of society
- Relief of financial hardship
- Advancement of education
- Relief of sickness

Find out more and apply here: <https://delameredairyfoundation.org.uk/>

National Lottery Community Fund: Climate Action Fund – Our Shared Future – Deadline Spring 2025

The aim of the Climate Action Fund – Our Shared Future is to involve more people in climate action, inspiring bold and exciting change.

It will only fund projects developed in a formal partnership with other organisations and is looking for partnership projects that reach more people by either:

- linking climate action to the everyday lives and interests of local communities and inspiring them to take action
- influencing communities at a regional or national level, like linking up groups across locations, or a campaign that inspires change across one country, or the whole of the UK

You do not have to be a climate or environment focused organisation to apply. The aim is to reach people who are new to climate action by funding other types of organisations too, and by using people's everyday activities as a starting point for climate action. With a particular interest in projects that involve people, places and communities experiencing poverty, discrimination and disadvantage.

Projects also need to show how they'll:

- get more people to take climate action
- involve communities, including:
 - responding to their priorities
 - treating people fairly
 - making sure people experiencing poverty, disadvantage and discrimination are supported to have their say
- help communities take advantage of opportunities and reduce barriers they face when taking climate action

- build on approaches that have worked elsewhere
- bring together organisations from across sectors
- involve partners with expertise in engagement and communications
- make a long term change that keeps going after the project ends
- measure and show their impact, and have expert partners to help do this, sharing what they've learned, to help others.

The minimum you can ask for is £500,000. With an expectation to fund most projects for between £1 million and £1.5 million over 3 to 5 years. [Find out more and apply here.](#)

Dates for your Diary / Events

- Dry January [1st-31st January](#)
- Veganuary [1st-31st January](#)
- Imbolc [1st February](#)
- Show the Love Month [1st-28th February](#)
- British Yorkshire Pudding Day [4th February](#)
- World Pulses Day [10th February](#)
- Real Bread Week [15th-23rd February](#)
- Hull Seed Celebration [22nd February](#)
- Good Things Market [2nd March](#)
- World Wildlife Day [3rd March](#)
- British Pie Week [3rd-9th March](#)
- Shrove Tuesday [4th March](#)
- Cottingham Green Scene Event [6th March](#)
- #EatThemToDefeatThem [10th March-6th April](#)
- Great British Spring Clean [21st March-6th April](#)
- FREE Community Meals [every Thursday at 6:30pm](#) (Marfleet Community Centre)
- Waffle pay what you feel Community Meals, [every Tuesday 4:30-7pm](#) (Lonsdale Community Centre) plus [order home delivery](#) for a set price.

TRAIN THE TRAINER

Healthy Cooking on a Budget



ABOUT

The Cooking on a Budget Train the Trainer course will provide you with the skills and knowledge to deliver safe and healthy Cooking on a Budget Sessions to your service users. You will be provided with a Let's Get Cooking resource folder that includes recipes and activity ideas. You will also receive continued support from the Healthy Lifestyles Team to deliver your cooking sessions.

VENUE

The Acorns Family Hub,
Nestor Grove, Hull, HU9 4DB

DATE

Thursday 20th February 2025

TIME

10am - 4pm

MORE

By the end of the training you will be able to:

- Demonstrate safe knife skills
- Recognise food hygiene measures required during cooking sessions
- Understand the importance of having a healthy balance diet
- Cook a variety of healthy, nutritious recipes on a budget
- Utilise a variety of cooking resources and recipes to share with your service users

BOOK ON NOW!

Training delivered by:



Please complete the following information and return your booking form to:
Helen Nicholson - helen.nicholson@hullcc.gov.uk

Name:
.....

Job title:
.....

Organisation:
.....

Contact Number:
.....

Email Address:
.....

Training/Webinars

Cook for Change – FREE in person training. London. [Deadline for applications – 10th February.](#)

Are you interested in setting up or developing a mission-based food enterprise? Then today is your lucky day, because applications are now open for Cook for Change.

It's a six-week, fully subsidised programme, run by Cook for Good, which includes:

- A three-day immersive bootcamp
- 1:1 and group mentoring sessions

- A pitch and networking event
- The chance to receive longer-term support

To win one of 20 places, you'll need to be hungry to learn, thirsty for inspiration and ready to do things differently.

The bootcamp will take place in London from Tuesday 29 April – Thursday 1 May, and out-of-pocket expenses of up to £100 per day are available.

To find out more and apply, click here:

<https://www.cookforgood.uk/cookforchange>

FREE training: Fuel Poverty Awareness Course from Groundwork Yorkshire.
[Weds 19th February.](#)

Groundwork's Green Doctor team are delivering a fuel poverty course for organisations supporting people on low/no income. Explore the causes & signs of fuel poverty, along with a toolkit of practical advice and measures you can use to help your beneficiaries.

FREE face to face training: Train the Trainer: Cooking on a Budget. [Thursday 20th February, 10am - 4pm.](#) The Acorns Family Hub, Nestor Grove, Hull, HU9 4DB

This course is run by the Healthy Lifestyles Team at Hull City Council for those who wish to learn how to cook healthily on a budget and show others how to do the same. For more information and to book a place, please contact Helen Nicholson, Healthy Lifestyles Practitioner (West) on 07926 075590 or email:

helen.nicholson@hullcc.gov.uk

FREE Feeding Britain webinars:

- [27th February 2025, 3.30-5.00pm](#) – Pathways from Poverty – Offering Expert Advice Services within Community Food Projects.

WEA Training:

Founded in 1903, the [Workers' Educational Association \(WEA\)](#) is a charity dedicated to bringing high-quality, professional education into the heart of communities. Many courses are FREE or discounted (subject to eligibility).

Some courses we think you'll find interesting include:

- Regaining Confidence and Self-esteem [12th February](#)
- Managing your finances online [Starts 14th February](#)
- Employability & Skills [Starts 21st February](#)
- Cooking from Scratch - Spring Recipes [Starts 25th February](#)
- Yoga to support a healthy digestive system [Starts 28th February](#)
- Carbon Literacy [Starts 6th March](#)

We're Hiring! Join our team!

Growing a healthy and resilient food culture



Hull Food Partnership, The Strand, 75 Beverley Road, Hull, HU3 1XL

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You've received this email because you've subscribed to our newsletter.

[Unsubscribe](#)

