



Hello and welcome to the October update from Hull Food Partnership!
You are receiving this email because you have previously signed up to receive more information about the work of Hull Food Partnership.

The clocks have now gone back to GMT, giving us darker evenings and the weather feels distinctly autumnal, if still warm for this time of year.

Sowing in November gives you a head start on the gardening year ahead, bringing flower and vegetable harvest times forward, while taking up soil space that would otherwise remain empty.

Looking forward, Spring is a busy time of year, so sowing as much as you can in November will save valuable time when temperatures increase again, enabling you to grow more of what you love. [Garlic, different varieties of onions and broad beans](#) are all good to sow now.

November is also a great time to plant bare-root fruit trees. These trees are dormant when planted but have the full season to grow as soon as temperatures increase in spring. Trees such as apple, pear, cherry and plum, along with blackcurrant, raspberry and gooseberry, can be planted now.

If you know someone who would like to receive this newsletter, please ask them to email their name and contact details to enquiries@hullfood.org.uk with the subject header 'HFP newsletter subscription' and we will add them to the mailing list. All requests will be dealt with in line with our data protection and GDPR policies and people can unsubscribe at any time.



Hull Food Partnership News

Hull Food Partnership team expands (again)

We're delighted to announce that Christie Parkin has joined the Hull Food Partnership team as freelance Community Food Programme Project Officer. Christie joined the team recently to work on the Community Food Programme, supporting all the projects involved. Over the past seven years, she has worked with Arts organisations across Yorkshire, community development and the charity sector.

Up to very recently, she was leading on Monitoring and Evaluation at Rainbow Community Garden in North Hull, also getting involved in daily operations, funding applications and programme design. She saw first hand the power of food and green spaces to bring communities together. She has spent her career working with diverse groups of people – from grassroots community organisations and volunteers to major funders like Arts Council England and The National Lottery – and she loves the collaborative nature of partnership work.

Outside of work, she's passionate about gardening and living sustainably, always looking for ways to reduce our impact on the planet. She's excited to be part of a project that connects so many organisations working towards food security and community wellbeing across Hull.

Eat the System



Hull Food Partnership in association with **Creative Projects**

'Eat The System' podcast. Taste Ed

As we begin to roll out a pilot Taste Ed programme to schools in Hull, we reflect that feeding children well has benefits that are almost too numerous to count. But what if the children you are feeding lack the confidence or experience to try new foods? Taste Ed is a charity that offers a brilliant and effective solution. In this episode, [Darren discusses what Taste Ed has to offer](#) to schools, community projects and families, to help their children develop a taste for good food.

You can listen to the podcast via: [Spotify](#) / [Amazon](#) / [Apple](#) or [Deezer](#)

REWILDING YOUTH
EDUCATION FOR FREEDOM

in partnership with

CONSTABLE Community Allotment

Friends of Constable Street Field

PRESENTS....

Wild Halloween!

FRI 31ST Oct
11am - 2pm

This session takes place at
Constable Community Allotment
Constable Street, HU3 3DF

Spooky stew & hot drinks provided

Costumes encouraged!

£3 per person
Cash on arrival!
Under 3s free

For further info please contact
Lausanne 07816141169
lausannet@yahoo.co.uk

Scan to book your space!

LIMITED TO 20 SPACES!

Pumpkin/turnip carving
Spooky story-telling
Potion-making
Nature-crafts!

Local News

Community Shop coming to North Bransholme with great job opportunities!

Community Shop is an initiative from Company Shop – the UK’s largest redistributor of surplus food. [Community Shop](#) is a social enterprise that empowers individuals and builds stronger communities, by realising the social potential of surplus food.

Members of Community Shop can shop for good food at great prices, easing pressure on family budgets, but also gain access to professional, personal development programmes, to kick-start positive change in their own lives.

From inspiring motivation and confidence in members, to improving health and economic outcomes for their families, the impact of Community Shop is already

being felt way beyond the aisles of stores across the UK. Community Shops are rooted in their local communities and actively forge links and partnerships with established local services.

All their fresh fruit and veg is just 20p, helping to make sure households get their 5 a day. The Community Kitchen won't just make tasty breakfasts and lunches, it will also host a variety of different Cook Clubs.

These are designed to inspire, educate and improve individual's relationships with food. They're all 100% FREE to join and you don't need to be a member.

A new Community Shop will be based on [Lothian Way in Bransholme](#), and is currently advertising these brilliant jobs, so why not [find a role that suits you](#) and apply today?

- [Community Wellbeing Practitioner](#)
- [Chef Educator](#)
- [Retail Team Manager](#)
- [Retail Team Leader](#)
- [Chef Assistant](#)
- [Retail Assistant](#)

Join in with Hull's Talk Money Week: 3rd-8th November

Talk Money Week 2025 is coming up from the 3-7 November, and this year's theme is 'start the conversation'. Whether you are supporting residents in a professional role or looking for advice yourself, there are a range of ways to get involved.

Many people are struggling with the rising cost of living and if you're a frontline professional, you may find yourself as the first point of contact.

Throughout the week, a series of free, expert led webinars will be available for all professionals. Attending the webinars may help you feel more confident in answering difficult questions and guiding people to the help they need.

[Sign up to the webinars here.](#)

These short, practical sessions will cover topics like debt, budgeting, cost of living support and much more. They are designed to help & support local businesses, partner organisations and council employees feel more confident signposting support to the people they work with every day.

Each session will feature a local expert sharing practical advice on topics such as:

- Debt and budgeting
- Keeping warm and grants available
- Landlord issues and homelessness
- Scam awareness
- The NHS Healthy Start Scheme
- Spending to investing

- Pensions
- Welfare rights
- Money and mental health

The week culminates with [‘Talk Money Week – Ask The Experts’](#) on Saturday 8 November taking place in Princes Quay on floor 3, 11am - 3pm.

This is a free drop in event open to the public. Residents can chat face-to-face with over 30 trusted local services and get help with everything from managing bills and debt, to accessing support with benefits and mental health.

It’s a great place to get help and advice for yourself, your colleagues, or your customers. Signpost them to the event if they need support.

For more information visit: www.hull.gov.uk/talkmoneyweek

Help Hull Butterfly City keep growing and claim your FREE Buckthorn plants

[Hull Butterfly City](#) wants to have links to as many community groups as possible in the city, so that individuals can make a difference in their gardens and community spaces and bring more butterflies into every space.

A lot of people say they have many flowers that butterflies and other pollinators visit, which is good; however, Hull Butterfly City aims to provide more foodplants for their caterpillars, to ensure that some butterflies can benefit from the nectar provided by the flowers.

It is not too difficult, if we choose the right plants and allow the butterflies' eggs to go through their full lifecycle.

If we tidy-up all the old plants and cut the grass, dig the beds in winter and do not leave some wild spaces, all the planting of butterfly foodplants is unlikely to be so successful, as many of the pupae will be disturbed or cleared-up. So, a balance is needed; a little wildness does go a long way.

Hull Butterfly City FREE Buckthorn for Brimstones giveaway is taking place between 1st-9th November, where you can plant an alder buckthorn to provide food for Brimstone butterfly caterpillars.

Buckthorn pick-up points and opening times below:

- Pickering Road Community Orchard, Pick Your Own Day, Sunday 2nd, 12pm–1:30pm. Cranberry Way Pickering Road, HU4 7AQ
- Grain Wholefoods, 25 Newland Avenue, HU5 3BE Mon-Sat, 9:30am–5:30pm
- Plant and Paint, 24 Humber St, HU1 1TH, Tues 11am–6pm, Wed–Sat 10am–6pm, Sun 11am–4pm
- Gypsyville Library, 728-730 Hessle High Road, HU4 6JA, Mon & Fri 9am-5pm, Wed 10am–6pm, Sat 10am–1pm
- Scrapstore, Dairycoates Avenue, HU3 5DB, Monday-Thursday 10am-2pm, Saturday 10am-2pm

- Back to Ours Bransholme Chat, North Point Shopping Centre, Bransholme, HU7 4EE, Mon, Tues, Thurs, Fri & Sat 10am–12pm, 1pm–3pm
- Rainbow Community Garden, Levisham Close, HU6 8AB, Mon 9am, Fri 9am, Thurs 12pm–3:30pm
- EMS Environmental Solutions, Unit C, Preston Road Village Centre, HU9 3QB, Monday-Friday 10am–3pm

Talk Money Week
Ask The Experts
Get Free Money Advice
Everyone Welcome

Princes Quay – 3rd Floor
 Saturday 8 November - 11am – 3pm



National News

One in 10 UK households affected by food insecurity

Nearly six million adults are still struggling to afford healthy, nutritious food, according to the Food Foundation's latest [Food Insecurity Tracker](#).

Worrying figures published this October show that:

- Food insecurity is affecting one in 10 households (11.3%)
- This rises to almost one in seven households with children (15%)
- Struggling families are sacrificing healthier foods like fruit & veg

The Food Foundation's latest report '[Roadmap to Reducing Food Insecurity in the UK](#)' shows while levels of food insecurity have been persistently too high for the past five years, they have risen and fallen quite dramatically over that time.

[The report](#) highlights how food insecurity can be quickly reduced or increase depending on the policy choices made by government in response to external factors. It aims to understand the scale of the problem, the extent to which people are struggling, and identify who is at most at risk so the government and local authorities can most effectively target support.



Win a Ninja Foodi Dual Zone Air Fryer – deadline 11th November

[Simply Veg](#) has two Ninja Foodi Dual Zone Digital Air Fryers up for grabs – the ultimate kitchen helper for busy families who want tasty, healthy meals without the hassle. With 6 cooking functions (Air Fry, Roast, Bake, Reheat, Max Crisp and Dehydrate), it makes everything from after-school snacks to Sunday roasts quick, easy and delicious.

Whether you're whipping up a quick tea, or encouraging the kids to get hands-on in the kitchen, this clever gadget will make family cooking fun, fuss-free and healthier.

[Enter now](#) for your chance to win one of these game-changing family kitchen must-haves!



People's Planting Week November 1st - 9th

Pick up your FREE Buckthorn whip and care leaflet from one of these pickup points

Pickering Road Community Orchard

Pick Your Own Day
Sunday 2nd 12 pm - 1:30 pm

Cranberry Way Pickering Road, HU4 7AQ

Grain Wholefoods

25 Newland Avenue,
HU5 3BE

Mon - Sat 9:30 am - 5:30 pm

Plant and Paint

24 Humber St, HU1 1TH

Tues 11 am - 6 pm, Wed - Sat 10 am - 6 pm
Sun 11 am - 4 pm

Gypsyville Library

728-730 Hessle High Road
HU4 6JA

Mon & Fri 9 am - 5 pm
Wed 10 am - 6 pm
Sat 10 am - 1 pm

Scrapstore

Dairycoates Ave HU3 5DB

Monday - Thursday
10 am - 2 pm
Saturday 10 am - 2 pm

Back to Ours Bransholme Chat

North Point Shopping Centre, Bransholme, HU7 4EE

Mon, Tues, Thurs, Fri & Sat
10 am - 12 pm, 1 pm - 3 pm

Rainbow Community Garden

Levisham Close, HU6 8AB

Mon 9 am - 1:00 pm
Tues & Fri 9 am - 3:30 pm
Weds & Thurs 12 pm - 3:30 pm

EMS Environmental Solutions

Unit C, Preston Road Village Centre, HU9 3QB

Monday - Friday 10 am - 3 pm

Consultations / Campaigns

Changing Coasts East Riding survey – deadline 1st November

The Changing Coasts East Riding (CCER) project is aimed at supporting and preparing communities for the challenges posed by coastal change.

This is your chance to get involved in designing how we respond to an eroding coastline. They need your help to ensure the project is meeting the needs of our coastal communities and businesses.

Fill out the [Changing Coasts East Riding survey](#) for a chance to win a £50 Love2Shop voucher.

Consultation on continuing the Warm Home Discount Scheme – deadline 20th November

This consultation aims to secure the continuation of support for around 6 million households for winter 2026 to 2027, and into the next scheme period, after current regulations expire on 31st March 2026. It sets out the government's proposals for the new scheme period and is gathering feedback from stakeholders on:

- The design of the core elements of the scheme
- Options for the next scheme period in Scotland
- Proposals to change the administration of the scheme
- A call for evidence on Industry Initiatives
- A call for suggestions for future improvements during the next scheme period

[You can respond to the consultation here.](#)

Help Shape Oldroyd's Corner 2026 Programme of Workshops, Activities and Training

[Oldroyd's Corner Yorkshire CIC](#) are excited to share that they are currently putting together a timetable of garden workshops for 2026. They would love to hear what kinds of workshops and activities you'd be interested in attending in the garden next year. Whether it's hands-on practical sessions, creative projects, family activities, or something completely new - your input will help shape a vibrant and inclusive programme.

Oldroyd's Corner are also exploring the exciting possibility of offering qualifications in horticulture for career changers or anyone looking to train in this field. This could be a fantastic opportunity for people to develop new skills and pursue a rewarding career in horticulture.

To share your ideas on any of the above or express an interest in leading a workshop, please contact Patricia Hirst via patricia@oldroydscorner.co.uk



Contact Stop Loan Sharks in a new way

WHATSAPP

09:30
Launches Monday
20th October
07700 102773

STOPLOANSHARKS
Intervention . Support . Education

The image is a promotional graphic for the WhatsApp launch of Stop Loan Sharks. It features a smartphone screen on the left displaying the time 09:30, the launch date 'Launches Monday 20th October', and the WhatsApp number '07700 102773'. To the right of the phone is a large, 3D green WhatsApp icon. Below the icon is a stylized logo for Stop Loan Sharks, consisting of a red and blue swirl. At the bottom right, the text 'STOPLOANSHARKS' is written in bold, with 'Intervention . Support . Education' underneath it.

Competitions/Offers/Resources

Stop Loan Sharks is now on WhatsApp!

You can now access support or report illegal money lending quickly and confidentially by messaging the team on 07700 102773. This new service is

available Monday to Friday, 9am to 5pm, and all messages are treated in confidence.

Outside those times, you can still reach the team by calling the 24/7 helpline 0300 555 2222 or visiting www.stoploansharks.co.uk

Let's help protect our communities - please share this with anyone who might need support.

FREE Half Term Activity Pack from Trans Pennine Trail

If you want some ideas for outside Autumn fun over the half term holidays, then this [Children's Half Term activity pack](#) from the Trans Pennine Trail is just what you need!

The pack is a free resource that encourages children to get active outdoors and discover the natural world around them and is full of fun, nature-based activities suitable for Key Stage 1 and 2. It's a great way to support learning in geography, science, and PE while promoting health, wellbeing, and environmental awareness.

Campus Comps Fundraising Platform from the University of Hull

[Campus Comps](#) is a new fundraising platform created by Hull University Students' Union to raise money for student groups, volunteer groups, campaigns, and initiatives.

Hull University Students' Union are offering local charities the opportunity to share a link to their site on their own social media platforms and newsletters in return for 50p for every new user who comes from the charity's unique link.

If you would like to generate some additional income for your charity, then please email campuscomps@hull.ac.uk to register your interest.

Hull & East Yorkshire Local Nature Photography Competition 2025 – deadline 16th November

The theme for this year is 'People in Nature'. Are you passionate about nature and enjoy taking photographs? Why not take part in the Local Nature Photography Competition 2025?

Find out more and enter here:

<https://heylnp.co.uk/local-nature-photography-competition-2025>



Funding

Anton Jurgens Charitable Trust - apply asap for consideration in November 2025

The Anton Jurgens Charitable Trust supports socially disadvantaged groups and individuals in the United Kingdom and the Netherlands. It gives grants to registered UK based charities (with an income below £500,000) supporting socially disadvantaged and disabled people of all ages. The trustees will only accept funding applications up to £10,000.

Applications are accepted all year around but the committee only meets twice a year and the next time will be in November.

Applications should be made using their online form here:

<https://ajct.org.uk/en>

Warburtons Community Grants – Deadline 4th November

Through its Community Grants programme, the family run bakery business Warburtons provides a limited number of grants of up to £400 four times a year. Applications are currently being accepted for projects starting in Winter 2026.

Not-for-profit organisations with charitable purposes that are based and working in England, Scotland or Wales can apply as long as their projects are addressing one of Warburtons' priority areas:

- Health - supporting families to care for each other and lead healthier lives:
 - Improving physical health
 - Improving wellbeing
- Place - supporting families to flourish in communities that are safer, greener and more inclusive:
 - Making spaces safe and inclusive
 - Connecting communities with the environment
- Skills - supporting families to gain useful skills for life and work:
 - Developing useful life skills
 - Developing useful skills for employment.

Grants can be used to cover specific costs that will benefit the cause (eg, purchasing equipment to support an employability project).

Find out more and apply here:

<https://www.warburtons.co.uk/goodstuff/financial-giving>

Pillswood Battery Community Fund – Deadline 5th November

Harmony Energy Income Trust (HEIT) is providing annual grants to support the local community around its Pillswood Battery Storage project. HEIT, owned by the Foresight Group, is committing £10,000 per year to support the local community around its Pillswood Battery Storage project in Cottingham, in the East Riding of Yorkshire. They are inviting local groups to apply for a grant by submitting their project ideas. These can be any projects that support or benefit the local area within a 10-km radius of Cottingham.

Minimum grants are for £500 per project and can cover the following areas:

- Community development
- Skills and employment
- Health, safety and wellbeing
- Climate change
- Nature and biodiversity

- Reuse and recycle

Find out more and apply here:

<https://www.bizgive.app/public/pillswood-battery-community-fund>

Tesco Stronger Starts Grants – Deadline 14th November

[Tesco Stronger Starts](#) is open to all schools, registered charities and not-for-profit organisations that support children and young people with a grant of up to £1,500. Every three months, three local good causes are selected to be in the blue token customer vote in Tesco stores throughout the UK.

Local schools, organisations, groups and sports teams can apply for grants of up to £1,500 every three months for projects that support children and young people and families.

Successful applications will go to a customer vote in their local Tesco store. The value of grant that each school and/or group is awarded is based on the customer voting.

- 1st place = up to £1,500
- 2nd place = up to £1,000
- 3rd place = up to £500

All applications must be submitted online at <https://tescostrongerstarts.org.uk> by the deadline of Friday 14th November 2025.

The Boring Fund – opens for applications in November

[The Boring Fund](#) helps small non-profit organisations cover some of the boring costs that keep them running. Boring but essential things like insurance, web hosting, admin time: the stuff that's always so hard to find funding for. It's partly a funding experiment, partly making a point about the state of the funding system. Small, grassroots organisations shouldn't have to jump through endless hoops to get support.

The Boring Fund keeps things easy with the simplest application process, £200 grants, and no reporting.

The Boring Fund is for small non-profit organisations (CICs, tiny charities, community groups), usually with one or two people doing all the jobs, and doing amazing things through sheer determination to make things better. They're running food banks, youth clubs, arts projects, safe spaces, community events, and more, on a shoestring budget with little fundraising support.

The Boring Fund opens for applications in November, to be updated on when, [join their mailing list here](#) or [follow their Instagram](#).

Common Ground Award – Deadline 21st November

The Ministry of Housing, Communities and Local Government is committed to building cohesive and resilient communities. The Common Ground Resilience Fund was launched in September to support local places, and a key part of this is promoting the important role of the voluntary, community and social enterprise sector.

The UK government's Common Ground Award will invest capital funding into VCSE sector organisations that are bringing people together from different backgrounds, supporting the cost of constructing or renovating facilities, or the purchasing of equipment to deliver services. Up to £10,000 grants are available.

The Common Ground Award aims to:

- identify and reward good practice in building bridging social capital
- invest in the physical spaces and equipment that enables good practice
- build a community of practice, for knowledge sharing across the voluntary and community sector and with government

Contact CGA@communities.gov.uk for any questions about the grant or to register your interest in applying.

Find out more and apply here:

<https://www.gov.uk/government/publications/common-ground-award-prospectus/common-ground-award-prospectus>

Airbnb Best of British Fund - Deadline 23rd November

Open to small businesses, charities, and social enterprises bringing arts, culture, food, music, and outdoor experiences to life. The fund supports initiatives that make local tourism unforgettable and help communities thrive.

Successful applicants could receive grants of up to £100,000 to support unique and distinctive stays, experiences and attractions that make British holidays so memorable and help communities thrive.

Eligible projects should fall into at least one of the following categories:

- Nature & Outdoors – submissions that encourage visitors to get outside and explore the very best of UK's rich and diverse landscape
- Food & Dining – submissions that showcase the best of UK food culture, from pubs and street food to world-class cuisine.
- Music & Arts – submissions that shine a light on UK's global creative influence, from local festivals and theatre to iconic cultural stories.
- Culture & Heritage – submissions which protect, restore or celebrate UK's rich history and traditions.

Find out more and apply here: <https://www.airbnb.co.uk/e/bestofbritishfund>

NatureSave Trust – Deadline 27th November

The theme of the October - November funding window is biodiversity.

are looking for grant applications from charities, community groups, and organisations who are working to connect communities to nature through:

- Pollinator plans
- Habitat restoration
- Hedgerow management
- Wildlife gardens
- Pesticide alternatives
- Conservation volunteering
- Education
- Influencing local councils
- Citizen science
- Community wildlife surveys

Or perhaps you have a biodiversity initiative that they haven't even considered! If you have a completely new approach to encouraging nature connection, Find out more and apply here:

<https://www.naturesave.co.uk/naturesave-trust/funding-guidelines-faqs>

National Lottery: Awards for All (Environment) – Deadline 17th December

The National Lottery Community Fund has grants of between £300 and £20,000 for up to two years available to fund projects that help people connect with and care for nature in their area and make a positive difference to the environment.

You can use the funding to:

- start a new activity or continue an existing one
- help your organisation adapt to new challenges
- run one-off events that have a clear environmental benefit.

They're looking to fund projects that:

- help people connect with and care for nature in their area
- make a positive difference to the environment

Find out more and apply here:

<https://www.tnlcommunityfund.org.uk/funding/programmes/national-lottery-awards-for-all-england-environment>

Humber Teaching NHS Foundation Trust, Community Mental Health and Wellbeing Grant

Humber Teaching NHS Foundation Trust have opened up their Community Mental Health and Wellbeing Grant to Hull and East Yorkshire.

The fund aims to help connect people and communities to improved access and support for mental health and wellbeing across Hull and East Riding.

Grants to the value of £250-£5,000 are available to apply for now.

This grant programme links to a number of areas of the Trust Strategy:

- Enhancing prevention, wellbeing & recovery
- Fostering integration, partnerships and alliances
- Promoting people, communities and social values

Find out more and apply here:

<https://northbankforum.org.uk/funding/community-mental-health-and-wellbeing-grant/>

Pick Your Own 2025 Encore!



Join us for one last pick of the season

SUNDAY NOVEMBER 2nd

Buckthorn sapling
giveaway with



Butterfly City

And a butterfly themed nature trail
(weather permitting!)

PYO Apples- £2 kilo
windfalls- £1 tray
Honey- £6.50 jar

Open 12-2pm
(last entry
1.30pm)

Please bring CASH (no cards) and your own bags/ trays

**Pickering Road Community Orchard
Cranberry Way, Hull HU47AQ**

To enquire about blue badge parking please email:-
Pickering.road.community.orchard@gmail.com

www.facebook.com/pickeringroadorchard

Dates for your Diary / Events

- Green Libraries Week, [27th Oct-2nd Nov](#)

- UK Sausage Week, [27th Oct-2nd Nov](#)
- RSPCA Halloween Open Day, Clough Road [31st October](#)
- World Vegan Month, [1st-30th November](#)
- Buy Nothing New Month, [1st-30th November](#)
- No Dig Day, [3rd November](#)
- British Pudding Day, [9th November](#)
- National Tree Week, [22nd-30th November](#)
- Stir Up Sunday, [23rd November](#)
- Buy Nothing Day, [28th November](#)
- World Soil Day, [5th December](#)
- FREE Community Meals [every Thursday at 6:30pm](#) (Marfleet Community Centre)
- Waffle pay what you feel Community Meals, [every Tuesday 4:30-7pm](#) (Lonsdale Community Centre) plus [order home delivery](#) for a set price.



FAREPORT
SKILLS FOR THE FUTURE

You've nailed the farming.

Now nail the marketing!

Farmers in Hull...have you started a farm shop, café, glamping site or new venture but not sure how to spread the word? Our funded Digital Marketing Skills Bootcamp is here to help. No jargon. No nonsense. Make the most of your quiet season.

 **Hull**
City Council

SKILLS FOR LIFE
SKILLS BOOTCAMPS

REGISTER NOW

Training/Webinars

FREE webinar: NHS Healthy Start Scheme in Hull. Thu, 6 Nov 2025, 10:00 - 10:30am

Part of Talk Money Week 3-7 Nov 2025, this webinar will develop practitioners' knowledge about Hull's approach to encouraging families with under 4's and those pregnant to take up the NHS Healthy Start scheme.

Find out about the financial support for local families in Hull to help them purchase healthy foods, milk and access free vitamins and how you can help.

[Register here.](#)

Rewilding Youth's Autumn Wild Workshops are all ready and waiting for you lovely people to book onto!

The team have got some real treats for you to keep you happy and healthy through the winter!

- 9th Nov 10-1pm Lanterns for Martinmas (make your own lanterns and candles and join us for our Martinmas procession) £20pp
- 15th Nov 10-3pm Mushrooms for Health (learn about the use and preparation of medicinal mushrooms) £40pp
- 30th Nov 10-1pm Christmas Crafts (make your own natural Christmas decorations - garlands, pomanders and more) £20pp
- 7th Dec 10-1pm Homemade Skincare Gifts for Christmas (time to make all those pressies for Christmas - balms, lotions and creams galore!) £20pp

Visit their website for more information and to book your places:

www.rewildingyouth.co.uk

FREE Growing Green and Blue Health Webinar: Creating Meaningful Outdoor Experiences for Neurodivergent People

In this webinar Steve Sylvan, Specialist Therapist in the Adult Autism Service at Care Plus Group, will cover:

- What neurodivergence is; how and why diagnosis are made; and the impact of being neurodivergent.
- Why he has introduced an outdoor element to his therapeutic offer, which includes 1:1 and group work.
- The life changing positive impact it can have on neurodivergent people, including real life examples.
- How to define and measure success.
- Challenges faced and ways to overcome them.

The webinar will run for 1 hour, the hosts and Steve will be available online for 30 minutes afterwards for those who want to continue the discussions and network. Book for either of the following dates:

- [Monday 10th November at 12.30pm](#)
- [Wednesday 12th November at 6pm](#)

FREE Hull & East Yorkshire Digital Marketing Skills Bootcamp

Attention Hull & East Yorkshire-based farmers, crafters, small business owners, employees and the self-employed!

Fareport are excited to collaborate with Hull City Council to offer a Department for Education (DfE) fully-funded Digital Marketing Skills Bootcamp course – completely free for those who qualify. Enhance your marketing expertise and connect with fellow local professionals in this engaging course.

The next courses begin on the 20th November & 10th December 2025, find out more and register here:

www.fareport.co.uk/course/hull-digital-marketing-skills-bootcamp

FREE in person Oh Yes! Net Zero Carbon Clinic Workshops

Delivered by Oh Yes! member, BACB Renewables, this three hour workshop is designed to help small businesses get started on the path to net zero. The workshop will guide you step-by-step to measure your organisation's carbon footprint and create an action plan to reduce it. Upcoming Workshops:

- 26th November, [The Deep](#)
- 3rd December, [Ergo](#)

Hull CVS in person training

Hull CVS offers a variety of low cost training courses for the Voluntary and Community Social Enterprise (VCSE) sector. Upcoming courses include;

- Wednesday 05 November: Emergency First Aid at Work Level 3 (Accredited)
- Thursday 13 November: Community Sighted Guide Training (Guide Dogs)
- Wednesday 19 November: Understanding Legal Structures and Governance
- Wednesday 19 November: Rights, Roles, and Responsibilities of a Committee Member
- Thursday 20 November: Understanding Alcohol Training Level 1 (ReNew)
- Thursday 20 November: Understanding Substance Misuse Training Level 1 (ReNew)
- Friday 21 November: Hull 4 Funding Training
- Friday 21 November: Introduction to Effective Social Media Use
- Tuesday 25 November: Advanced Bid Writing
- Tuesday 25 November: Report Writing
- Thursday 27 November: Health & Safety Level 2 (Accredited)
- Tuesday 02 December Full Cost Recovery Training
- Wednesday 03 December: Introduction to Safeguarding (Children & Adults)

Find out more here <https://hullcvs.org.uk/training>

WEA courses

Founded in 1903, the [Workers' Educational Association \(WEA\)](#) is a charity dedicated to bringing high-quality, professional education into the heart of communities. Many courses are FREE or discounted (subject to eligibility). Some courses we think you'll find interesting include:

- Climate Literacy - Understanding Climate Change, [starts 3rd November](#)
- Healthy Living: Yoga to support a healthy digestive system, [starts 2nd December](#)
- Cooking Practical: Batch Cooking, [starts 18th December](#)



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